

UNITE
FOR
GOOD

Centre OF THE Wheel

Rotary



WEEKLY BULLETIN OF ROTARY CLUB OF TRIVANDRUM CENTRAL

July 2025
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FRANCESCO AREZZO IS THE ROTARY INTERNATIONAL PRESIDENT FOR THE 2025-26 TERM

HIS WIFE IS WHO IS AN ENTREPRENEUR IN THE TOURISM FIELD. THEY HAVE TWO CHILDREN. FRANCESCO AREZZO IS A MEMBER OF THE R C OF RAGUSA, ITALY. HE IS AN ORTHODONTIST IN PRIVATE PRACTICE. BOTH FRANCESCO AND ANNA MARIA ARE MAJOR DONORS



RIP Francesco Arezzo's ACCEPTANCE SPEECH

I also want to thank my friend Mário de Camargo for his 40 years of membership, dedication, and service to Rotary. I know it was a difficult decision for him to step aside right before his presidential term was to begin, and we all appreciate him and hope to reconnect soon in friendship. And finally, I want to express my gratitude to President Stephanie and the Rotary Board for entrusting me with the opportunity to lead this great organization. This past year, Rotary has faced global challenges with a firm heart and determination, blazing a trail for peace — and spreading The Magic of Rotary far and wide.

President Stephanie, you have so much to be proud of for your leadership this past year. But I especially want to note that you, your volunteer assistants, and Rotary staff have put on the best Rotary Convention yet. You should all be proud. Now it is my turn. I must confess that after four days of talks, it is difficult to say anything that has not been said before. We have a year of service ahead of us. As I said a week ago, I was playing with my grandchildren in our living room at home, and two days later, I was on a plane to arrive here, with a thousand thoughts, a thousand doubts, and a lot of confusion in my head. Rotary International presidents usually have two years to plan their year; I have two weeks! Well, I said to myself, let's not lose our cool. Let's start with the fundamentals.

Let us start with our annual message, Unite for Good. Let us examine it for a moment. In my opinion, it is an extraordinary message in its simplicity, brevity, and impact. Unite: to unite, reconcile, gather around. Unite can be understood in two different manners. You have to unite in space and time. Uniting in space means involving all members, but not only members, in our service. It means involving organizations that function as partners, local administrations, other voluntary associations. In short, it means "expand our reach." It means increasing our membership. In many parts of the Rotary world, we are not growing. In fact, we have been losing membership for years. This remains one of the areas of action we will have to focus on during this year. The most effective way to increase membership is, first of all, to increase retention. We lose too many members, especially members admitted in the previous two to three years. Maybe they did not find what they were looking for? Maybe the club experience was not what they expected? Improving the club experience must be another imperative during the year, making ample use of all the possibilities we have to apply great flexibility. Let us make more use of new types of clubs, for example, satellite clubs or clubs of purpose.

Let us set no limits on creativity, let us adapt new forms of clubs to our local culture and traditions. Unite also means expanding one's reach and working to benefit not only the local community but also needs far beyond our borders. In short, unity means working in harmony, building bridges, involving as many people as possible to achieve more and more effective results. Unite can also be understood as unity in time. In other

words, it points to the need to work serenely with those before you and those after you. An annual project can be limiting. A project that lasts one year will rarely be transformational but will always remain on the surface of the problem. If we really want to change the world and people's lives, we must plan bigger, with multiyear projects. Our assignments may only last one year, but we must work and plan with those who precede us and with those who follow us. Remember, it is never my year; it is always and only the year of Rotary who follow us. Remember, it is never my year; it is always and only the year of Rotary. We are called to undo our egos for the good of Rotary and the communities we serve. For good. We have joined together to do what? For the good of humanity. For good indicates what our goals are. What are mine? First, along with membership, is the eradication of polio. We are always a few steps away from a success that is denied from year to year.

But we are there now — every year we are closer and closer — and it is our duty not to break the promise we made so many years ago. We can do it — we have the means and the right partners, we have our infinite tenacity. We can do it. And we will do it. And the last goal is peace. That's it: polio, membership, peace. What do I mean by peace? Peace for me is what we do best and what we do every day. Taking a young person to a peace center or sending a young person to another country on a Youth Exchange is working for peace.

Preventing and curing disease is working for peace. Providing clean drinking water or sanitation where there is none is working for peace. To have women give birth in a safe environment and take care of their children is working for peace. To improve the environment in which we live, to support girls' education, to give economic support to those who cannot open their businesses, all this is working for peace. We are a great, immense machine that has been working for peace for more than a century. More background information can be found in our vision. Together. It is a word that must always stand out prominently in all our workplaces. Together. Alone we go nowhere, any difficulty will seem insurmountable. Let us leave the Superman we think we are in the attic and learn instead to value the team, to use our infinite different skills, to look at problems from different points of view. Alone we lose, together we win, always. We see a world. We look far ahead, and in our vision of tomorrow, we transfer our dreams. Dreaming is indispensable. A poet of the last century said that you begin to die the very moment you stop dreaming. Never stop dreaming. Dreaming is a consequence of enthusiasm and in turn generates enthusiasm. If we cannot dream and make our members dream, we will hardly have a successful year. But dreaming is not enough. We have to act. We are People of Action. To conclude, I want to tell you a story.

Many years ago, a young professional joined a Rotary club. He immediately made himself useful and tried to cooperate to the best of his ability. After a few years, he was offered the position of president. He refused, because he suffered from a stutter and the idea of having to speak in public on a regular basis terrified him. But his colleagues insisted so much that they eventually convinced him. Surrounded by the support and affection of his associates, he passed the test successfully and began attending the district. After a few years, they offered him the position of governor. Again, he gave up, for it was one thing to speak to a limited number of people, made up of friends and acquaintances. It was quite another to speak to a much larger and mostly unknown audience. They convinced him. Again and again, the experience was positive.

To make a long story short, after a few years he became a director of Rotary International, and now, at this moment, he stands before you, president-elect of Rotary International. A great Sicilian writer, Luigi Pirandello, used to say that each of us builds a mask to face the outside world, without anyone being able to see our true personality. And of everything — dreams, fears, flaws — I make you a gift. I ask you to give me your dreams. Each one of us has many in the drawer. Let us unite them, let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too. But let us act upon them and deliver to our communities. I owe it to you, because Rotary has changed me, changed my life profoundly. If the young professional who was afraid to speak to his club, because of the risk of making a fool of himself, can now get up on a stage and speak in a language which is not his own, to an audience of thousands, well, I owe it all to all the Rotarians. I have met in my life and who have always supported me and surrounded me with their affection. I am confident that you will give me all the support and affection I have always found in Rotary. We can unite to change communities, right around the corner and half a world away. We can unite to change our world for the better, not just for us, but for generations to come.

Together, we 'Unite for Good' I love you, try to love me a little

Thank you all.



July is Rotary's New Leadership Month.

Congratulations to our Club President!

Rotary has designated months to help clubs Develop meeting agendas, projects, or public image campaigns based on these special occasions. The Concept is to give all the clubs of the District a Ready Reckoner of the types of Service Projects, which could be conducted, during the year, and help plan the activities of the year, mostly based on the Rotary Calendar i.e., Rotary Designated Months for 2025 - 26.

THE EDITOR'S DESK



As we turn another vibrant page in our clubs journey, it's only fitting that we pause to recognise and appreciate the members who have gone above and beyond service. Their dedication whether seen or un seen, fuels the spirit of Rotary and strengthens the bonds with our club and community. From organising impactful service projects to supporting behind the scenes with quite commitment, each act of service is a thread in the beautiful fabric of our shared mission. These efforts may not always make headlines, but they certainly make a difference. To all our members who have stepped forward, taken initiative or simply lent a helping hand - thank you, Your contributions are the true heartbeat of our club, and your spirit of selfless service inspires us all. Let's celebrate and support one another, as together, we create lasting change.

Yours in Rotary Service

Rtn. Major Donor K. Janardanan Nair, Editor

THE MESSAGE FROM THE PRESIDENT



Hello all RCTC members!

First month of my president-ship has already begun. Time really passes quickly... Since we met last on June 27, a lot has happened related to our Club and its activities. We successfully carried out many high voltage events in the same day. Though it really strained all our resources, we could complete it with flying colors due to tireless efforts of the teams led by our Service Chair Rtn. Sudeep Kumar and all our members. It was a great experience. Though it was a huge learning for me, there was considerable satisfaction of achieving a goal with the cooperation of all of you. Team spirit of RCTC members was in peak form and ensured that everything was done flawlessly, judging by their exuberance and spontaneity during various events. We are also in advanced stages of planning with respect to other upcoming events and programs. This July should also be an equally active month. We have to conduct a club assembly, two weekly meetings and one Family get together. In connection with the Doctor's Day and Chartered Accountant's day we propose to honor our Doctors and Chartered Accountants of our club during the family meeting this month. My dilemma is also fueled by the fact that to make our Club more vibrant, irresistible and appealing to prospective candidates who are somewhat younger than us, we need to make radical changes in Club Service avenue. This can only be done with your full understanding and cooperation. What do you all think? Do get back to me with your inputs/comments/suggestions. With best wishes, yours in Rotary.....

Rtn. Col Dr K.E. Rajan

ROTARY CLUB OF TRIVANDRUM CENTRAL
SECRETARY'S REPORT ON INSTALLATION CEREMONY



1. **Introduction** The Installation Ceremony of the President and the Office Bearers of Rotary Club of Trivandrum Central (RCTC), District 3211, for the Rotary Year 2025–26 was held in a grand and dignified manner in SP Grand Days on the 27th June, 2025. The event was attended by Rotarians, Anns, Annettes, distinguished guests, and well-wishers.

2. **Dignitaries Present** - Chief Guest: Former Ambassador Shri T. P. Sreenivasan, IFS - Outgoing President: Rtn MPH F Capt P. R. K. Kartha - Incoming President: Rtn PHF Dr. Col K. E. Rajan - Assistant Governors: Rtn Dr. Ranjit Suseelan and Rtn Dr. B Baiju - Club Mentor: Rtn PDG Major Donor Suresh Mathew

3. **Ceremony Highlights** The programme began with the Rotary Invocation followed by a welcome address. The outgoing President highlighted achievements of RY 2024–25. Major Donor and PHF Pins were presented, followed by Secretary's report. The ceremonial installation of the new President was conducted with formal handovers and symbolic gestures.

4. **Installation of Office Bearers** The new President Rtn Dr. Col K. E. Rajan formally inducted his team for 2025–26, including: - Secretary: Rtn PHF Prem Kumar Thampi - Treasurer: Rtn PAG MPH F V Balagopal - Vice President, Joint Secretary, Chairs of various avenues, Bulletin Editor, Learning Facilitator, etc.

5. **Service Projects Launched** As part of the Installation Day, Service Project Chair Rtn Sudeep V unveiled service projects worth approx. ₹10 lakhs: a. Support to Ananathakripa: Donation of wheelchair, airbed, and medicines. b. Support to Kottoor Students: Distribution of rain gear and study materials. c. Wheelchair for Shri R Jyothi Kumar: Enhancing mobility. d. Water Pump in Kottoor: Improved clean water access. e. Solar Plant Installation: ₹3 lakh project with V-Guard distributor. f. E-Auto Distribution for Women: ₹4.55 lakh under District OPPOL initiative.

6. **Other Key Segments** Highlights included the lighting of the lamp, Club Bulletin release, felicitation of Charter Members, and an inspiring address by the Chief Guest. Felicitations followed from district dignitaries.

7. **Special Acknowledgements** A note of deep appreciation to Rtn. Janardhanan Nair for his wonderful effort in bringing out a 21-page Installation bulletin, a detailed and beautifully compiled document that is truly worth preserving for years to come. A special thanks to Rtn. Sathyapal for his dedicated efforts in stage decoration and stage management, which added grandeur and professionalism to the event. Our heartfelt appreciation to Rtn. Shivaprasad for providing the meeting hall and for meticulously managing the arrangements and catering, ensuring a smooth and enjoyable experience for all. Special thanks to the Masters of Ceremony, Rotary Anns Lekshmi Menon and Manju Thampi, for conducting the event with grace, clarity, and perfect coordination.

8. **Conclusion** The evening concluded with a Vote of Thanks and the National Anthem, followed by fellowship and dinner. The event was a true celebration of leadership and service.

Rtn Prem Kumar Thampi Secretary, Rotary Club of Trivandrum Central Rotary Year 2025–26

ROTARY CLUB OF TRIVANDRUM CENTRAL

MINUTES OF THE CLUB ASSEMBLY - BY SECRETARY



1. Meeting Called to Order - The meeting was formally called to order by the President, Rtn PHF Dr. Col K. E. Rajan, marking the commencement of the Club Assembly for Rotary Year 2025–26.
2. Rotary Invocation - The Rotary Invocation was led by Rtn Suresh C, invoking the spirit of fellowship and service as the club embarked on the new Rotary year.
3. President's Address - President Rtn PHF Dr. Col K. E. Rajan welcomed all members and guests to the first formal meeting of the Rotary Year 2025–26. He expressed his gratitude for the support received during the Installation Ceremony held on 27th June at Hotel Grand Days and appreciated the collective efforts that made the event a success. He outlined his vision for the club and urged active participation from all members.
4. Presentation of Budget - Treasurer Rtn PAG MPHF V Balagopal presented the detailed annual budget for the Rotary Year 2025–26. The budget covered allocations for administration, weekly meetings, service projects, public image activities, and revenue from advertisements. Rtn Janardanan Nair was appreciated for raising Rs. 70,000 through advertisements. Members raised queries regarding GST and meeting costs. The budget was approved with minor corrections based on member suggestions.
5. Presentations by Club Officers - Each club officer presented their goals and plans for the year.
 - Secretary – Rtn PHF Prem Kumar Thampi emphasised the need to undertake more impactful service projects and enhance the club's visibility and public image. Secretary's report on the Installation ceremony is forwarded separately.
 - Service Projects – Rtn PP MPHF Sudeep Kumar V highlighted his intention to implement multiple micro-projects focused on genuine beneficiaries. He reiterated the focus on the District project – OPPOL.
 - Club Administration – Rtn Flt Lt Shibu Varghese outlined strategies to improve attendance and the conduct of club meetings. He mentioned plans to expand the number of Interact Clubs from 3 to 4.
 - Membership – Rtn Rajan Nair P S reaffirmed the target of inducting 5 new members this year. Members supported the induction of 4 lady Rotarians, with formalities to be completed shortly.
 - Rotary Foundation – Rtn MPHF S K Menon encouraged members to contribute to The Rotary Foundation and explained its importance.
 - Public Image – Rtn PP Sathyapal K P discussed strategies to strengthen the club's public image. Rtn Mohan Kumar strongly supported the need for greater visibility and outreach.
6. Discussion on International Collaboration - The members deliberated on the opportunity to partner with a Rotary Club in the United Kingdom. The objective is to explore joint service initiatives, foster international fellowship, and enhance global engagement. The matter will be followed up with formal communication.
7. Any Other Matter - No additional matters were raised under this agenda item. The President invited members to bring forward suggestions at future meetings.
8. Vote of Thanks - The Vote of Thanks was delivered by Rtn Usha Rajan, who thanked the President, speakers, and all members for their active participation and commitment to the club's goals.

"The greatest moments in life are not concerned with selfish achievements but rather with the things we do for the people we love and esteem, and whose respect we need." - Conveys the value Rotary places on community service and earning respect through deeds, not words. -

Walt Disney

WHAT IS COMING SOON

11th July - Weekly meeting with a Guest Speaker
13th July - District Award Nite "AARAV" at Leela Ashtamudi, Kollam.
18th July - Weekly meeting with a Guest Speaker
25th July - Weekly meeting with Family Dinner Meeting

DAYS TO CELEBRATE

NATIONAL DOCTOR'S DAY

1st of July is celebrated as "National Doctor's Day in India" to honor Dr. Bidhan Chandra Roy, one of the country's most respected physicians and the second Chief Minister of West Bengal. His legacy as a doctor, educator, freedom fighter, and statesman made him a symbol of dedication to honor the tireless efforts of doctors and their invaluable role in improving public health. Over time it has become a symbol of appreciation not just for clinical excellence, but also for empathy, resilience, and leadership in health care.

NATIONAL CHARTERED ACCOUNTANT'S DAY

National Chartered Accountant's Day highlights the importance of ethics, accuracy, and integrity in the accounting profession and motivates future generations to uphold these values. This is celebrated on **July 1st** each year to honor the foundation of The Institute of Chartered Accountants of India (ICAI) in 1949. It is a day to recognize and appreciate the vital role that Chartered Accountants play in Nation Building, economic growth, financial transparency, and corporate governance. Also, it highlights the importance of ethics, accuracy, and integrity in the accounting profession and motivates future generations to uphold these values.

	JULY	
	Rytn. Anne Amma Panicker	- 10th
	Rytn. Ligy Thomas	- - - - 10th
	Rtn. Dr. K.L. Jayakumar	- - - 12th
	JULY	
	Rtn. K.P. Sathyapal & Rytn. Manju - 10th	



INSPIRING - EVERYONE HAS A STORY IN LIFE

A 24 year old boy seeing outside from the train's window shouted ...

"Dad, look the trees are going behind ! "

Dad smiled and the young couple sitting nearby, looked at the 24 year old's childish behavior with pity, suddenly again explained

"Dad. look the clouds are running with us!.

The couple could not resist and said to the old man ...

"Why don't you take your son to a good doctor ? The old man smiled and said .. " I did and we are just coming from the hospital, my son was blind from birth, he just got his eyes today"

Every single person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you

A CHUCKLE A DAY KEEPS THE DOCTOR AWAY: Why Are You Here ?

Three men met on a nude beach. Two of the three men were happy, but the third was sad.

The three men broke into a conversation. Eventually, they started talking about their jobs, and why they were at the beach.

"I'm a construction worker," said the first man. "All day long I toil in the hot, hot sun, and do so wearing very heavy clothes. It's quite exhausting. But here, I can relax, and do so without any clothing at all."

"I'm an accountant," said the second man. "I just like how everyone here is dressed exactly the same."

The first two men turned to the third, sad man. "What about you?" they asked. "Why are you here?"

"My doctor sent me here," said the third man. "I'm a pickpocket."



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